

Deep Cleaning Checklist

The once-in-a-while jobs, sorted room by room. Do one room at a time or spread it over a weekend.

KITCHEN

- | | |
|---|--|
| ☐ Clean inside the oven | ☐ Clean fridge inside & coils |
| ☐ Descale the kettle | ☐ Descale & scrub the sink |
| ☐ Clean inside the microwave | ☐ Clean behind appliances |
| ☐ Degrease range hood & filter | ☐ Wash the bin inside & out |
| ☐ Wipe cabinet interiors | ☐ Mop floor & edges |

BATHROOMS

- | | |
|---|---|
| ☐ Descale showerhead & taps | ☐ Clean mirror & cabinet |
| ☐ Scrub grout & tiles | ☐ Wipe skirting boards |
| ☐ Deep-clean toilet incl. base | ☐ Disinfect handles |
| ☐ Clean exhaust fan cover | ☐ Mop the floor |
| ☐ Wash shower curtain / liner | |

BEDROOMS

- | | |
|---|---|
| ☐ Wash bedding & pillow protectors | ☐ Wipe skirting & window sills |
| ☐ Flip or rotate the mattress | ☐ Clean mirrors |
| ☐ Vacuum under the bed | ☐ Declutter drawers |
| ☐ Dust ceiling corners | ☐ Vacuum wardrobe floor |

LIVING AREAS

- | | |
|---|---|
| ☐ Vacuum under furniture | ☐ Clean light fittings |
| ☐ Clean upholstery | ☐ Wipe skirting boards |
| ☐ Dust blinds & curtains | ☐ Spot-clean walls |
| ☐ Wipe electronics & screens | ☐ Vacuum & mop |

Deep Cleaning Checklist (cont.)

WHOLE HOUSE

- ☐ Wash windows inside & out
- ☐ Clean door frames & handles
- ☐ Dust vents & ceiling fans
- ☐ Wipe switches & sockets
- ☐ Launder cushion covers
- ☐ Replace air filters