

Daily Cleaning Checklist

Small habits, big difference. Tick these off through the day to stop mess building up.

MORNING

- ☐ Make the beds
- ☐ Open windows & air out rooms
- ☐ Wipe the bathroom sink
- ☐ Start a load of laundry
- ☐ Unload the dishwasher

KITCHEN (AFTER MEALS)

- ☐ Wash or load dishes
- ☐ Wipe counters & stovetop
- ☐ Clean the sink
- ☐ Take out food scraps
- ☐ Sweep the floor

EVENING RESET

- ☐ Tidy the living room
- ☐ Clear & wipe surfaces
- ☐ Set out tomorrow's items
- ☐ Empty the kitchen bin
- ☐ Quick floor sweep
- ☐ Fluff cushions & fold throws