

Cleaning Schedule for Working Parents

Built for real life: one quick 15-minute job on weekdays, the bigger stuff at the weekend, and a shared daily list for the family.

Monday Bathrooms quick — wipe sinks, toilets & mirrors

Tuesday Floors — vacuum the high-traffic areas

Wednesday Kitchen — wipe counters, mop, empty bins

Thursday Dusting — surfaces, shelves & electronics

Friday Bedrooms — quick tidy & fresh linens

Saturday Bigger clean — bathrooms deep, change all beds, vacuum whole house

Sunday Reset — laundry, meal prep, empty bins, plan the week

EVERY DAY (10 MINUTES)

- ☐ Beds made
- ☐ Toys away before bed
- ☐ Dishes done
- ☐ Bags & lunches ready
- ☐ 10-minute family tidy